Educational Programs

SCC can tailor an educational program to the needs of your staff or group. We can provide half day to 3 day educational workshops for staff, including nurses or other health care providers, as well as laypersons.

Biography of Dr. Mauk

Kristen is President and co-founder of SCC. She is an expert in gerontological and rehabilitation nursing and a Fellow of the esteemed American Academy of Nursing. A Professor of Nursing at a mid-size Midwestern University for over 22 years, Dr. Mauk has over 32 years of clinical and educational experience in rehabilitation and gerontological nursing and teaches courses at both the graduate and undergraduate levels. She recognizes the value of helping older adults age in place by having nursing students as care providers in the home, and she seeks to share her insights and expertise with you through the SCC community. In addition to being an award-winning teacher, Dr. Mauk is also an author and consultant. She has authored or edited eight books, served on editorial boards for professional nursing journals, authored numerous articles and book chapters, and is a frequent presenter at conferences. She maintains an active consulting practice including case management, guardianship, and legal nurse consulting.

Dr. Kristen L. Mauk
PhD, DNP, RN, CRRN, GCNS-BC, GNP-BC, FAAN
President, Senior Care Central, LLC

Examples of topics

The aging population
Theories of aging
Normal aging
The myths and realities of aging
Concepts in chronic illness and disability
Teaching older adults and their families
Assessment of the older adult
Promoting healthy aging
Aging successfully
Health screening in older adults
Caring across the continuum
Management of dementia
Polypharmacy
Fall prevention
Delirium
Elder abuse
Anxiety and depression in older adults
Interdisciplinary rehab team
Bowel and bladder management
Skin integrity and prevention of pressure ulcers
Nutrition and dysphagia
Promoting mobility and function
Enhancing cognition, communication, and behavior
Sexuality and disability
Educating clients and families
Spirituality, coping, and adaptation
Foundations of rehabilitation
Stroke
Traumatic Brain Injury
Spinal cord injury
Neurological disorders
Polytrauma
Amputation
Ethical and legal issues in rehabilitation or geriatrics
Gerontological rehabilitation
End of life care
Evidence-based practice
Ethics in health care/nursing
Leadership in nursing

*Examples of seminars or workshops*

Integrating gerontological nursing into the curriculum
CRRN review
Basic rehabilitation nursing competencies (for new employees)