



## *Educational Programs*

SCC can tailor an educational program to the needs of your staff or group. We can provide half day to 3 day educational workshops for staff, including nurses or other health care providers, as well as laypersons.

### *Biography of Dr. Mauk*



Kristen is President and co-founder of SCC. She is an expert in gerontological and rehabilitation nursing and a Fellow of the esteemed American Academy of Nursing. A Professor of Nursing at a mid-size Midwestern University for over 22 years, Dr. Mauk has over 32 years of clinical and educational experience in rehabilitation and gerontological nursing and teaches courses at both the graduate and undergraduate levels. She recognizes the value of helping older adults age in place by having nursing students as care providers in the home, and she seeks to share her insights and expertise with you through the SCC community. In addition to being an award-winning teacher, Dr. Mauk is also an author and consultant. She has authored or edited eight books, served on editorial boards for professional nursing journals, authored numerous articles and book chapters, and is a frequent presenter at conferences. She maintains an active consulting practice including case management, guardianship, and legal nurse consulting.

**Dr. Kristen L. Mauk**

PhD, DNP, RN, CRRN, GCNS-BC, GNP-BC, FAAN

President, Senior Care Central, LLC

### *Examples of topics*

The aging population

Theories of aging

Normal aging

The myths and realities of aging

Concepts in chronic illness and disability

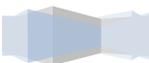
Teaching older adults and their families

Assessment of the older adult

Promoting healthy aging

Aging successfully

Health screening in older adults





Caring across the continuum

Management of dementia

Polypharmacy

Fall prevention

Delirium

Elder abuse

Anxiety and depression in older adults

Interdisciplinary rehab team

Bowel and bladder management

Skin integrity and prevention of pressure ulcers

Nutrition and dysphagia

Promoting mobility and function

Enhancing cognition, communication, and behavior

Sexuality and disability

Educating clients and families

Spirituality, coping, and adaptation

Foundations of rehabilitation

Stroke

Traumatic Brain Injury

Spinal cord injury

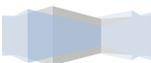
Neurological disorders

Polytrauma

Amputation

Ethical and legal issues in rehabilitation or geriatrics

Gerontological rehabilitation





End of life care

Evidence-based practice

Ethics in health care/nursing

Leadership in nursing

*Examples of seminars or workshops*

Integrating gerontological nursing into the curriculum

CRRN review

Basic rehabilitation nursing competencies (for new employees)

